

Treatment for Chronic Bronchitis

Chronic bronchitis is the irritation and inflammation of the airways in the lungs. This irritation leads to the formation of thicker mucus in these airways (bronchial tubes). Persistent bacterial infections cause accumulation of mucus, that blocks the airways, leading to breathing difficulties. Other symptoms include *persistent cough* with sputum, and also wheezing. In people, who are affected with chronic bronchitis, these symptoms persist longer stays, and recur many times in a year. Smoking is the most common cause of this disease, and includes second-hand smoking too. Chronic bronchitis leads to include microbial or viral infections, allergies, and environmental pollution.



To ensure the safety of the fetus or the unborn child, pregnant women should utilize medications only under the supervision of these physicians.

Cough medicines contain several ingredients, and so, it is better to confirm that each of these ingredient is safe, by contacting a physician or physician. Pregnant women can also talk to their doctors concerning the use of sucking lozenges that contain natural ingredients such as darling and glycerol, for treating mild to moderate cough.

Cough Medication and Also Pregnancy

Is usually advised to minimize the use of drugs in pregnancy, as some drugs can have an adverse effect on the creating embryo. The commonest and also the most popular cough suppressants are they which contain dextromethorphan. Dextromethorphan is basically a narcotic, but it is not addictive. It can be found in many over-the-counter cough medications.

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